

OCTOBER 2023

YOGA AND KARMIC ASTROLOGY RETREAT

ECLIPSE ENERGY FLOW

with Alisa Feist & Steph Jaksch

During this retreat, in the midst of the eclipse energy, we will be combining yoga and astrology to create an exceptional experience of self-reflection through personal astrology readings by Alisa paired with yoga and meditation by Steph.

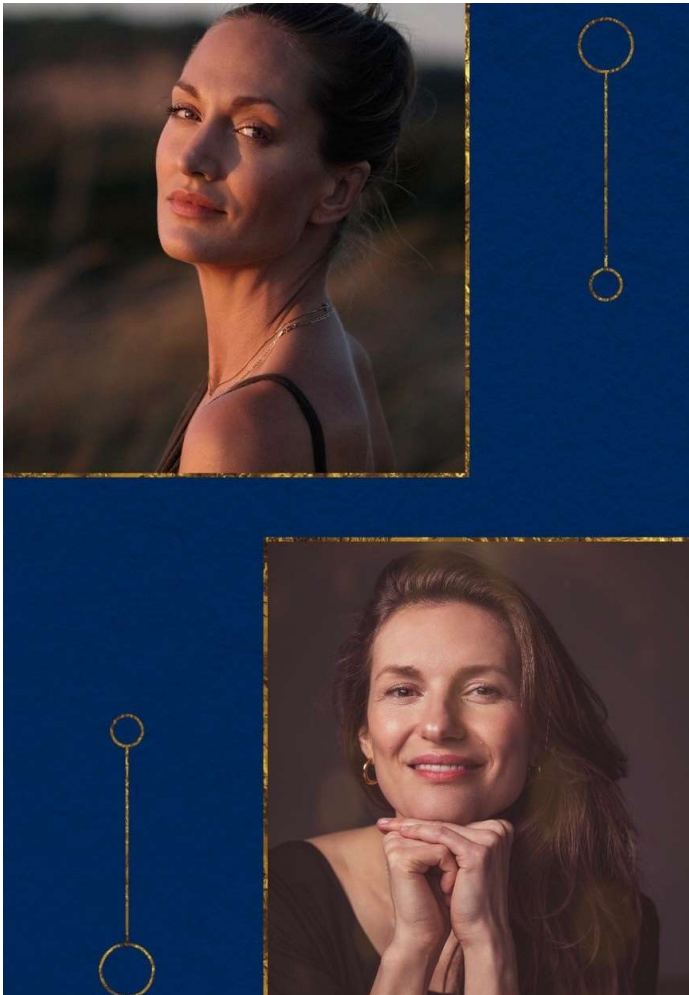
We will develop an individual yoga flow, based on the current planetary energy and your personal birth chart. Together, we will work to expand your understanding of the cyclical phases of life, which hold the key to unlocking the secrets of both the universe and yourself as a divine part of it. We will harness the power of the eclipse and integrate it into our lives, on a physical, mental, and spiritual level.

Steph Jaksch is one of the most famous yoga teachers from Germany, who recently moved to Lisbon.

She knows that we have to keep the body healthy in order to be happy and successful.

Through her praxis, and various trainings she learned how to use the body to transform emotional topics and provide a faster personal growth.

Alisa Feist is a Berlin-based astrologer with a multi-layered approach. Originally self-taught, she has been studying and loving the wonderful world of Astrology since she was only a child. Having worked with hundreds of people's horoscopes the focus of her research is Karmic Astrology and familial patterns. Alisa's work combines psychological and spiritual perspectives. Knowing the date, time and place of birth, she gives an accurate insight into multiple layers of personality. She helps her clients get clarity around their talents, psychological patterns, blockages and blind spots so that they can see clearly the blueprint of their soul and reconnect and trust their intuition.



DATES & PRICING

OCTOBER 2023

26th - 29th

- Single Room: 1 720 €

- Double Room: 2 630€ (1 315€ per person)

INCLUSIONS

- Double or Single Accommodation at Quinta da Comporta Hotel
- Vinyasa Yoga Classes
- Healthy & Organic Meals
- 10% discount on Oryza Lab Spa Treatments
- Gorgeous Outdoor & Indoor heated swimming pool
- Beautiful Nature and Mindful Walks alongside the sea and in the Rice Fields

EXCLUSIONS

- Flights to Lisbon
- Transfer to and from airport
- Optional Rental Car to move from hotel
- Additional Snacks and Other Beverages

TERMS AND CONDITIONS RETREATS

Check In Time after 3pm and Check out Time before 12 pm

1.

PAYMENT POLICY

TO CONFIRM YOUR RESERVATION, WE REQUEST A DEPOSIT OF 50% OF THE TOTAL AMOUNT OF YOUR RESERVATION
THE REMAINING AMOUNT SHALL BE PAID 30 DAYS PRIOR TO ARRIVAL.

CANCELLATION POLICY

50% DEPOSIT NON-REFUNDABLE. FREE CANCELLATION UP TO 30 DAYS PRIOR TO ARRIVAL. AFTER THIS PERIOD NO MODIFICATIONS NOR CANCELATIONS WILL BE ALLOWED. IN CASE OF NO-SHOW, 100% OF THE RESERVATION WILL BE CHARGED.

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