

MAY 2023

"GET LOST TO FIND YOURSELF"

BY RACHEL PEREZ

Join international yoga retreat hostess and yoga instructor Rachel Perez and "Get Lost" for 5 nights and 6 days.

Trusting that all who wander are not lost.

Arrive in the beautiful Comporta region of Portugal's West Coast for the ultimate yoga retreat experience. Where protected nature preserves and rice paddy fields meet the rustic chic elegance of the Quinta Da Comporta Resort and Spa.

Refill your cup daily with yoga, bike rides to the beach, spa services, pool time, healthy food, adventure, laughter, sisterhood and story telling.

This boho lux resort captures the essence of the Alentejo region and is exactly where you need to be to relax, unwind, and let go.

INCLUDED

- 5 night retreat package:
- Luxury Accommodations
Breakfast included/5 Lunches/ Dinners
- Daily Yoga in the resort's beautiful yoga Shala
- Bike rentals
- Discounted spa services
- Meditation, pranayama and journaling daily
- Swag bags

DATES & PRICING

MAY

10th to 15th 2023


- Single Room: €3130
- Double Room: €3775
€2200 pp



NOT INCLUDED

- Airfare
- Transfers to and from the airport or car rental
- Any additional snacks or alcohol.
- Spa services discounted 10% not included in Retreat pricing.



 @yogaretreatlife

TERMS AND CONDITIONS RETREATS

Check In Time after 3pm and Check out Time before 12 pm

PAYMENT POLICY

1. TO CONFIRM YOUR RESERVATION, WE REQUEST A DEPOSIT OF 50% OF THE TOTAL AMOUNT OF YOUR RESERVATION

THE REMAINING AMOUNT SHALL BE PAID 30 DAYS PRIOR TO ARRIVAL.

CANCELLATION POLICY

50% DEPOSIT NON-REFUNDABLE. FREE CANCELLATION UP TO 30 DAYS PRIOR TO ARRIVAL. AFTER THIS PERIOD NO MODIFICATIONS NOR CANCELATIONS WILL BE ALLOWED

In case of no show 100% of the reservation will be charged

www.quintadacomporta.com