

- QUINTA DA COMPORTA -



# ORYZA SIGNATURE

WELLNESS PROGRAM







# ORYZA SIGNATURE

- FROM FIELD TO FIELD: EMBRACE THE WELLNESS  
JOURNEY INFUSED WITH THE GOODNESS OF RICE -

At Quinta da Comporta, we invite you to elevate your well-being and immerse yourself in an introspective journey, savoring the enriching properties of exquisite natural ingredients, including the nourishing essence of rice. Through our program, unlock a fresh realm of tranquility and indulge in meticulously crafted holistic treatments, designed to unveil the pinnacle of both inner and outer beauty.



SPA





# THE BENEFITS OF RIZOTHERAPY

Immerse yourself in the enchanting ritual of rice-infused body treatments, where the anti-inflammatory embrace of rice, its antioxidant shield, and the timeless essence of its anti-aging properties converge, crafting a tranquil symphony that not only nurtures your skin but also offers a serene escape, inviting relaxation into every pore.







# THE PROGRAM

2-NIGHTS

## DAY 1

Check-in  
Relax massage (50 minutes)  
Water circuit  
Dinner

## DAY 2

Private yin yoga class  
Breakfast  
Oryza ritual (80 minutes)  
Water circuit  
Lunch  
Walk on the rice fields  
Ultimate holistic radiance facial (75 minutes)  
Dinner

## DAY 3

Breakfast  
Relax massage & Quick and Fix Glow Facial (90 minutes)  
Water circuit  
Check-out



SINGLE ROOM: 888€

DOUBLE ROOM: 1.434€ (717€ per person)



FOR BOOKINGS AND FURTHER QUESTIONS PLEASE CONTACT:  
[reservations@quintadacomporta.com](mailto:reservations@quintadacomporta.com) | +351 265 112 390





# PROGRAMA

3-NIGHTS

## DAY 1

Check-in  
Back, neck and shoulders massage (30 minutes)  
Water circuit  
Dinner

## DAY 2

Private yin yoga class  
Breakfast  
Oryza ritual (80 minutes)  
Water circuit  
Lunch  
Walk on the rice fields  
Ultimate holistic radiance facial (75 minutes)  
Stretching  
Dinner

## DAY 3

Bike tour  
Breakfast  
Relax massage (60 minutes)  
Water circuit  
Lunch  
Body scrub with rice powder (40 minutes)  
Oryza lab facial (60 minutes)  
Dinner

## DAY 4

Yoga class (60 minutes)  
Breakfast  
Relax massage & Quick and Fix Glow (75 minutes)  
Check-out

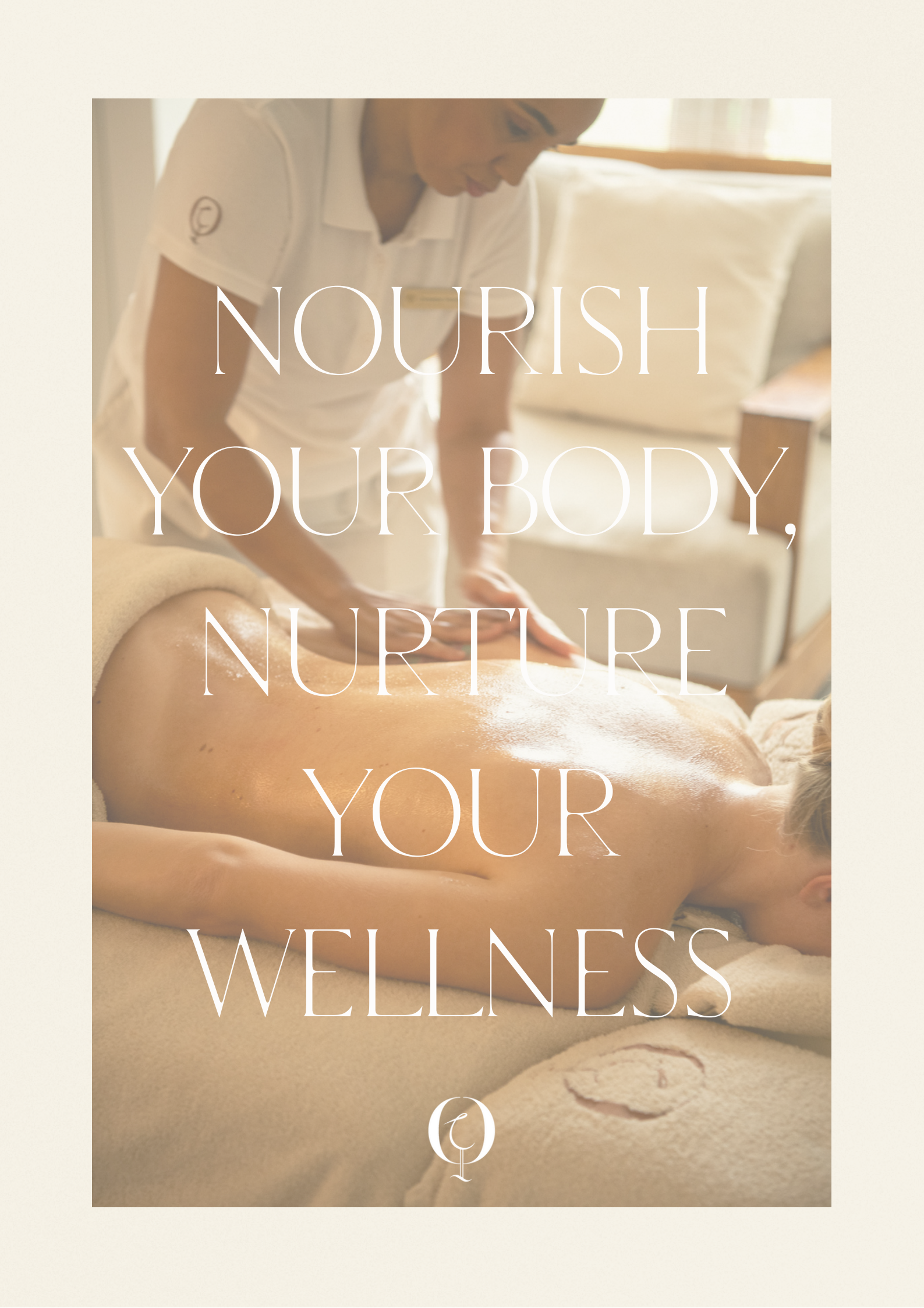
SINGLE ROOM: 1 402€

DOUBLE ROOM: 2 291€ (1 145,5€ per person)



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NOURISH  
YOUR BODY,  
NURTURE  
YOUR  
WELLNESS





# TERMS & CONDITIONS

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## RATE TYPE

Our NON REFUNDABLE rate offers accommodation, breakfast, lunch, dinner, all treatments and private classes included in the program, and complimentary access to the QDC facilities, which includes a wellness center for adults aged 18 years and above, adhering to the guidelines outlined by the WHO (World Health Organization).

## METHOD OF GUARANTEE

To confirm your reservation, we require a 100% prepaid amount of the total reservation through our secure online payment platform.

## CANCELLATION POLICY

Please be advised that this rate does not allow for any modifications or cancellations. In the event of a no-show, the entire reservation amount will be charged.

- Valid until 20/03/2024 -

