

"FALL DETOX" YOGA RETREAT

BY COCO RAINBOW

Former Model, Coco let go of a Law career to become a yoga instructor in 2011, while living in South America.

Now based in Portugal, she teaches a solar and uncomplicated Hatha and Vinyasa Yoga.

Discover Comporta in the first days of Fall season and prepare your body with a detoxifying and active yoga practice.

INCLUDED

- 3-nights in double or single accommodation at Quinta da Comporta Hotel
- Light Breakfast (nuts, seeds, and Detox Green juice)
- Yoga & Holistic Movement Classes (min 5)
- Healthy & Organic Meals
- 10% discount on Oryza Lab Spa Treatments
- Gorgeous Outdoor & Indoor heated swimming pool
- Beautiful Nature and Mindful Walks alongside the sea and in the Rice Fields

NOT INCLUDED

- Flight and Transfer to Lisbon
- Transfers from and to the airport
- Optional Rental Car to move from the Hotel
- Additional Snacks and Other Alcoholic Drinks

DATES & PRICING

September

24th -27th 2023

- Single: 2468€

- Double: 3547 € (1774€ per person)



 @cocorainbowyoga

TERMS AND CONDITIONS RETREATS

Check In Time after 3pm and Check out Time before 12pm

PAYMENT POLICY

To confirm your reservation, we request a deposit of 50% of the total amount of your reservation
The remaining amount shall be paid 30 days prior to arrival.

CANCELLATION POLICY

50% deposit non-refundable. Free cancellation up to 30 days prior to arrival. After this period no modifications nor cancellations will be allowed. In case of no-show, 100% of the reservation will be charged.