

MAY 2024

“A JOURNEY THROUGH THE ELEMENTS” YOGA RETREAT

BY COCO RAINBOW

Former Model, Coco let go of a Law career to become a yoga instructor in 2011, while living in South America.

Now based in Portugal, she teaches a solar and uncomplicated Hatha and Vinyasa Yoga.

Discover Comporta in the Spring season and prepare your body with a detoxifying and active yoga practice.

INCLUDED

- 3-nights in double or single accommodation at Quinta da Comporta Hotel
- Light Breakfast (nuts, seeds, and detox green juice)
- Yoga & Holistic Movement Classes (min 5)
- Healthy & Organic Meals
- 10% discount on Oryza Lab Spa Treatments
- Gorgeous Outdoor & Indoor heated swimming pool
- Beautiful Nature and Mindful Walks alongside the sea and in the Rice Fields

NOT INCLUDED

- Flight and Transfer to Lisbon
- Transfers from and to the airport
- Optional Rental Car to move from the Hotel
- Additional Snacks and Other Alcoholic Drinks

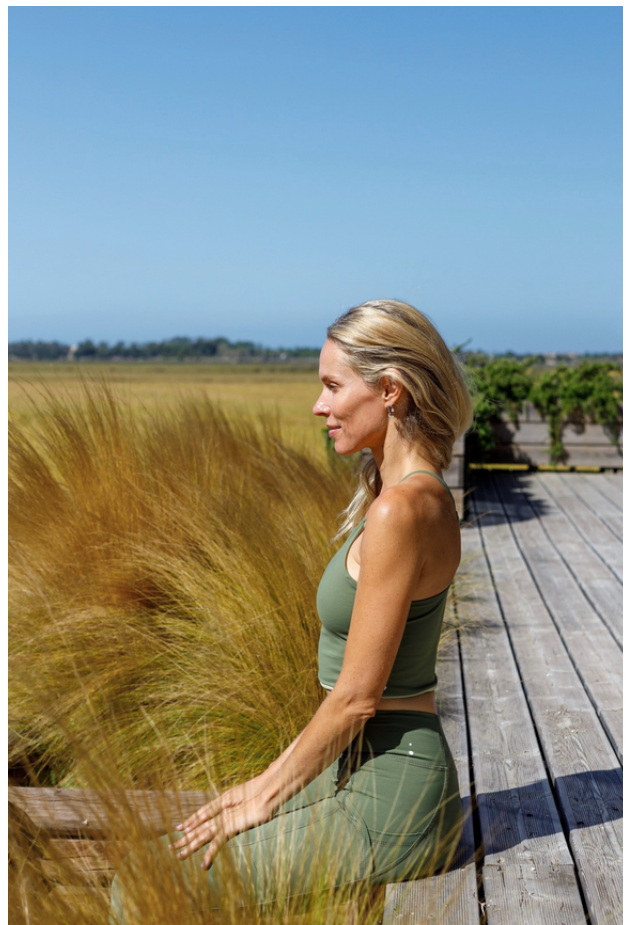
DATES & PRICING


MAY 2024

26th - 29th

- Single: 2 345€

- Double: 2 840€ (1 420€ per person)



 @cocorainbowyoga

TERMS & CONDITIONS | RETREATS

Check In Time after 3pm and Check out Time before 12pm

PAYMENT POLICY

To confirm your reservation, we request a deposit of 50% of the total amount of your reservation
The remaining amount shall be paid 30 days prior to arrival.

CANCELLATION POLICY

50% deposit non-refundable. Free cancellation up to 30 days prior to arrival.

After this period no modifications nor cancellations will be allowed. In case of no-show, 100% of the reservation will be charged.

www.quintadacomporta.com